School Lunch Menu						ea Education Authority
	Monday	Tuesday	Wednesday	Thursday	Friday	Breads
WEEK 1 30/8 27/9 25/10 22/11	Spaghetti Bolognaise & Homemade Garlic Bread Baton Carrots Medley of Fresh Vegetables Mashed Potato	Breaded Fish Fingers Garden Peas *Salad Selection Mashed Potato	Homemade Breaded Chicken Goujons Selection of Dipping Sauces Sweetcorn, *Salad Selection Mashed Potato, Hot Pasta Twists	Roast Pork Herb Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Mashed Potato	Hot Dog Or Chicken Roll Baked Beans Peas *Tossed Salad Chips, Mashed Potato	en En En Rice Salad, Coleslaw Sweet Chilli Pasta Tossed Salad Lettuce, Cherry Tomato Carrot Sticks Diced Red Peppers Red Onion Radish Alad If You Require Any Additional Information on Allergens or Special Diets Please Contact the School to complete a Special Diets Application Form
20/12	Chocolate muffin Or Fruit & Yoghurt Steak Burger	Vanilla Ice Cream pot Or Yoghurt & Fruit Cheesy Bolo Pasta	Fresh Fruit Selection & Fresh Yoghurt Fresh Breaded Fish Goujons	Jelly Pot or Yoghurt & Fruit Roast Breast of Chicken	Flakemeal Biscuit or Yoghurt & Fruit Chicken Nuggets Or Chicken	
WEEK 2 6/9 4/10 1/11 29/11	Gravy Broccoli Florets Fresh Baton Carrots Mashed Potato	Herb stuffing, Gravy Garden Peas, Savoy Cabbage Mashed Potato	with lemon slice, Tartar Sauce Baked Beans, Garden Peas Sweetcorn, *Salad Selection Mashed Potato	Herb Stuffing Gravy Cauliflower Cheese Fresh Diced Carrots / Parsnip, Mashed Potato	Wrap Salsa Dip, Sweetcorn *Salad Selection Chips Baked Potato	
	Fresh Fruit Selection & Fresh Yoghurt	Shortbread or Yoghurt & Fruit	Jelly Pot or Yoghurt & Fruit	Chocolate muffin Or Fruit & Yoghurt	Vanilla Ice Cream pot Or Yoghurt & Fruit	
WEEK 3 13/9 11/10 8/11 6/12	Italian Bolognaise Pasta Baked Beans, Sweetcorn Broccoli Florets Mashed Potato	Homemade Chicken Goujons, Selection of dipping sauces Baton Carrots * Salad Selection Chips Mashed Potato	Breaded Fish Fingers Garden Peas Mediterranean Roasted Vegetables, Mashed Potato Baby Boiled Potatoes	Roast Turkey Herb Stuffing Cranberry Sauce, Gravy Fresh Carrot or Parsnip Fresh Savoy Cabbage Mashed Potato	Traditional Homemade Chicken Soup Steak Burger in Bap Mashed Potato, Tossed Salad Selection of breads	
	Fruit Muffin or Yoghurt & Fruit	Ice Cream pot Or Yoghurt & Fruit	Fresh Fruit Selection & Fresh Yoghurt	Chocolate Cookie Or Fruit & Yoghurt	Frozen Mousse or Fresh Fruit &Yoghurt	
WEEK 4 20/9 18/10 15/11 13/12	Breast of Chicken Curry with Boiled Rice & Naan Bread Garden Peas Fresh Savoy Cabbage Gravy Mashed Potato Chocolate muffin Or Fruit &	Oven Baked Sausage Or Chicken Roll Baked Beans Sweetcorn Baton Carrots Mashed Potato Flakemeal Biscuit or Yoghurt &	Steak Burger Gravy Diced Turnip Fresh Baton Carrots Mashed Potato	Spaghetti Bolognaise or Salmon fish cake Lemon Slice and Tartar Sauce Broccoli & Cauliflower Florets Mashed Potato	Homemade Margherita Pizza * Salad Selection Sweetcorn Traditional Champ Chips	
	Chocolate muffin Or Fruit & Yoghurt	Flakemeal Biscuit or Yoghurt & Fruit	Jelly Pot & Yoghurt & Fruit	Mashed Potato Selection of Fruit &Yoghurt	Artic Roll or Fruit & Yoghurt	



Menu choices subject to deliveries Fresh Fish May Contain Bones